



DAILY PROGRAM Odense Retreat July 18-23 2010: "THREE PHASES OF CHANNELING... Healing, Clairvoyance & Trance"

JULY 2010	SUNDAY 18	MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
7:30-8:15		<i>Yoga/Qi Gong</i> w. Torill OR <i>Walk in Nature</i> w. Lin	<i>Yoga/Qi Gong</i> w. Torill OR <i>Walk in Nature</i> w. Stuart	<i>Yoga/Qi Gong</i> w. Torill OR <i>Walk in Nature</i> w. Lin	<i>Yoga/Qi Gong</i> w. Torill OR <i>Walk in Nature</i> w. Stuart	<i>Yoga/Qi Gong</i> w. Torill OR <i>Walk in Nature</i> w. Tina
8:30-9:00		BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
9:30-12:30		<i>"The Higher Self Meditation"</i> w. Tina	<i>"Healing Colors Meditation"</i> w. Tina	<i>"Deepening Perception – Sensing/Seeing the energy flow"</i> w. Lin & Torill	<i>"Language, the Healing Expression: Your words create the energy in which you live"</i> w. Stuart & Tina	<i>"The light of Compassion"</i> w. Lin, Torill, Stuart & Tina
		<i>"The inner student/teacher relationship" & "Opening to the Healing flow"</i> w. Lin & Torill	<i>"The Inner Child processes and Trance Channeling"</i> w. Stuart & Tina			
13:00-14:00		LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
14:15-17:15		<i>"Spiritual Mind, Spiritual Relationships"</i> w. Stuart & Tina	<i>"Mind & Heart Connection"</i> w. Lin & Torill	<i>"Healing Self: The Inner Light, Pure Mind & Forgiveness"</i> w. Stuart & Tina	<i>"Becoming the Channel – Understanding the presence of Spirit"</i> w. L & T	Departure
18:00-19:00		Arrival	DINNER	DINNER	DINNER	DINNER
19:30-20:30	<i>Opening Gathering</i> (19:30-21:30)	<i>Trance Channeling</i> w. Lin	<i>African Dance</i> w. Bente	<i>Trance Channeling</i> w. Lin	<i>Trance Channeling</i> w. Stuart	